## Stroke is an emergency

Learn the signs so that you know when to get help for yourself or a loved one.

If you or a loved one is showing any of these signs, call 911 or go to the hospital immediately.

If something looks or feels unusual trust your instincts.

Quick action saves lives.

**Every second counts.** Know the signs. Save a life.

For more information visit: www.strokeinfo.org

Download our free mobile app.









www.strokeinfo.org

## B.E. F.A.S.T.



**Balance** 

Is there sudden loss of balance?



**Eyes** 

Is there sudden loss of vision in one or both eyes?



**Face** 

Does one side of the face droop or look uneven? Ask them to smile.



**Arm** 

Is one arm or leg weak or numb and does it drift down? Ask them to raise both arms.



Speech

Is speech slurred or unrecognizable? Ask them to repeat a phrase.



## **Time**

Call 911 or go to a hospital immediately.