

Stroke is an emergency

Learn the signs so that you know when to get help for yourself or a loved one.

If you or a loved one is showing any of these signs, **call 911 or go to the hospital immediately.**

If something looks or feels unusual trust your instincts.

Quick action saves lives.

Every second counts.
Know the signs. Save a life.

For more information visit:
www.strokeinfo.org

Download our free mobile app.



www.strokeinfo.org

B.E.F.A.S.T.



Balance

Is there sudden loss of balance?



Eyes

Is there sudden loss of vision in one or both eyes?



Face

Does one side of the face droop or look uneven? Ask them to smile.



Arm

Is one arm or leg weak or numb and does it drift down? Ask them to raise both arms.



Speech

Is speech slurred or unrecognizable? Ask them to repeat a phrase.



Time

Call 911 or go to a hospital immediately.