

Introducing . . .

Life After Stroke Exercise Class

Time: Mondays @ 11:00- 12 Noon
(Except the 1st Monday of the month)

Location: Physical Therapy Rehab Gym
(Located on the first floor of the hospital)

Cost: \$10 per class
\$25 per month for 3 classes

To register or for more information, please call HealthSource or contact Regional's Rehabilitation Department at 408.729.2882. Registration is required.



**Call our Regional HealthSource physician and information referral line:
English and Spanish (888) RMC-8881 Vietnamese (888) RMC-8811**